

# DES MOINES

CITY CURRENTS

Spring 2024



## Comprehensive Plan Update

SEE PAGE 8

## Recreation Classes & Programs

SEE PAGE 12

## DMAC Activities

SEE PAGE 20

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Des Moines, WA



[www.DMMLocal.com](http://www.DMMLocal.com)

# Winter 2024 *What's Inside*

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Cover photo: David Rosen,  
SLICKPIX Photography

## GEHRKEBAKER DOULL & KELLY ATTORNEYS AT LAW

**PROUD MEMBER OF THE DES MOINES COMMUNITY**

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DES MOINES, WA 98198  
(206) 878-4100

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## DES MOINES DIRECTORY



**City Hall**  
21630 11th Avenue S  
(206) 878-4595  
**City Hall Open**  
Monday–Friday  
9:00am–4:00pm  
[www.desmoineswa.gov](http://www.desmoineswa.gov)

**City Council**  
Traci Buxton, Mayor TBuxton@desmoineswa.gov  
Harry Steinmetz, Deputy Mayor HSteinmetz@desmoineswa.gov  
Gene Achziger GAchziger@desmoineswa.gov  
Yoshiko Grace Matsui YGraceMatsui@desmoineswa.gov  
JC Harris JCHarris@desmoineswa.gov  
Matt Mahoney MMahoney@desmoineswa.gov  
Jeremy Nutting JNutting@desmoineswa.gov

**City Offices**  
City Attorney (206) 870-6519  
City Clerk (206) 870-6552  
City Manager (206) 870-6514  
Community Development (206) 870-7576  
Engineering (206) 870-6525  
Facilities Rentals (206) 870-9370  
Finance Director (206) 870-6510  
Marina (206) 824-5700  
Municipal Court (206) 878-4597  
Parks Administration (206) 870-6527  
Police Department (206) 878-3301  
Public Works/Park Maintenance (206) 870-6559  
Recreation (206) 870-6527  
Senior Services (206) 878-1642

**Other Numbers**  
Emergency 911  
Animal Control (206) 812-2737  
Field House (206) 870-6527  
Fire (non-emergency) (253) 839-6234  
Library, Des Moines (206) 824-6066  
Library, Woodmont (253) 839-0121  
Police Dispatch (non-emergency) (206) 878-2121

**Utilities and Services**  
Century Link (800) 573-1311  
Recology King County (206) 762-4900  
Comcast (877) 778-7008  
Highline Water District (206) 824-0375  
Lakehaven Water/Sewer (253) 941-1516  
Midway Sewer District (206) 824-4960  
Puget Sound Energy (800) 321-4123  
SW Suburban Sewer (206) 244-9575  
Water District #54 (206) 878-7210

**CALL BEFORE YOU DIG:**  
Utility Locates (800) 424-5555

**DES MOINES** CITY CURRENTS  
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## From the Mayor



By Mayor  
**Traci Buxton**

**W**ell... hello!  
My name is Traci Buxton and I will be your Mayor for the next two years. During that time, I hope that I get to meet you in person, hear your concerns, and enjoy your company. I also hope that our City can continue to make such positive and noticeable forward movement that people often and happily chat about it over coffee, drinks, dinner, or at a Park Run!

As we move forward, I am excited about our Marina Steps project, seeing the Theater functional, watching kids laugh on our new play equipment, and enjoying music all over town; especially at the Beach Park this summer!

There are so many good things coming to summarize it all here, so check out page 12 and 20 for all our Recreation and Senior Activity Center programs and activities!

You won't want to miss our annual Eggstravaganza egg hunt in the Beach Park Meadow on March 30th and the ever popular Touch-A-Truck event at Steven J. Underwood Memorial Park on June 15th.

I hope you have been enjoying our weekly City Manager Reports which come out each Friday on the City website and on community pages. Speaking of communication, I am also looking forward to, "Chat with the Mayor" events at the local libraries; where community members and business owners will be free to join me and other Councilmembers to hear and share information. Please see below for details.

Even better, come and check out a City Council meeting. Maybe even tell us what you think from the podium. We typically meet the first, second and fourth Thursdays of the month, starting at 6 pm, and we love to have guests. Check out future agendas on our website, [www.desmoineswa.gov](http://www.desmoineswa.gov).

If you see me around town, please don't hesitate to say "Hi" and shake my hand or bump my elbow ;) I would love to hear about your interests and concerns.

In closing, I am inspired by Lilly Pulitzer:  
"Despite the forecast, live like it's Spring."

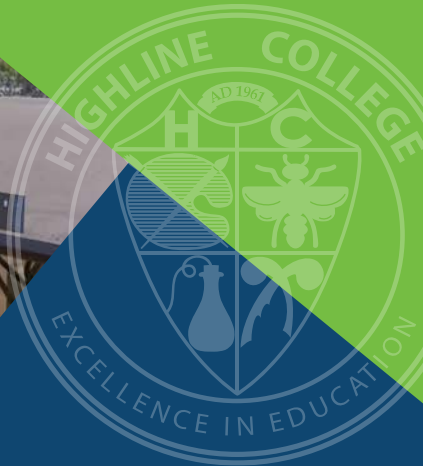
Yes, let's!



## Chat with the Mayor!

Each month, on a Tuesday, 6-7:30 pm at the Libraries!

Woodmont Library-3/19, Des Moines Library-4/16, Woodmont Library-5/14



# CAREER READY

With more than 100 degrees and certificates in high-demand career fields, including seven applied bachelor's degrees, choose a career path that's right for you. Explore Highline College today, where open access and opportunity have been hallmarks since 1961.

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SPRING QUARTER STARTS APRIL 1



**SCAN** to learn more!

# Council Highlights

## CITY COUNCIL HIGHLIGHTS: NOV 2023–JAN 2024 ORDINANCE 1777–1789

### Approved the Following Action:

- Small Business Saturday Proclamation
- 2024 Human Services Advisory Committee – Funding Recommendations Amendment
- Des Moines Creek Business Plan West Master Park – Hearing Examiner Review
- Suspending Restriction on Use of One-Time Revenue for 2024, Ordinance No. 1781
- Reallocation of American Rescue Plan Act Funds
- Reassignment of City Manager to Chief Economic Development Director
- Reassignment of City Attorney to Interim City Manager
- Consultant Contract Amendment #5, Joseph Dusenbury
- Consultant Contract Amendment #13, Grant Fredricks
- Barnes Creek Trail – South 240th Street (16th Avenue to 20th Avenue S) – Design and Right of Way Services Agreement
- King County Cooperative Watershed Management Grant Award – Des Moines Creek Estuary Project
- AHBL Consultant Services Contract
- 24th Avenue S Improvements Project – Puget Sound Energy Easement Amendment
- Right of Way Dedication – Des Moines Theater
- Regional Coordination Framework for Disasters and Planned Events
- 2024-2025 Recycling Program Professional Services Contract
- Department of Ecology 2023-2025 Water Quality Stormwater Capacity Grant Award
- Commerce Middle Housing Grant Agreement
- Human Trafficking Awareness Day Proclamation
- 2024 City Council Legislative Priorities
- Creation of City Council Finance Committee, Ordinance No. 1787
- Request for Proposal Executive Search Recruitment Firm for City Manager Vacancy
- Black History Month Proclamation
- Korean American Day Proclamation
- Emergency Management Performance Grant
- Sea-Tac Stakeholder Advisory Round Table Appointments, Steve Novak and Joe Dusenbury

## DES MOINES CITY COUNCIL



**Traci Buxton**  
Mayor



**Harry Steinmetz**  
Deputy Mayor



**Gene Achziger**  
Councilmember



**Yoshiko Grace Matsui**  
Councilmember



**JC Harris**  
Councilmember



**Matt Mahoney**  
Councilmember



**Jeremy Nutting**  
Councilmember

**City Council meets  
1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup>  
Thursdays of the  
month at 6:00pm**

*Subject to change*

- Simple Possession Advocacy and Representation Program Funding Agreement
- Repealing the Creation of a Payroll Fund, Ordinance No. 1788
- Speed Enforcement Camera Penalties, Ordinance No. 1789

### Held the Following Public Hearings:

- 2024 Property Tax Levies, Ordinance No. 1777 & Ordinance No. 1778
- 2024 Preliminary Annual Budget, Ordinance No. 1779
- 2023 Annual Budget Amendments, Ordinance No. 1780
- Street Vacation of Public Right of Way within City of Des Moines, Known as 10th Avenue S, Ordinance No. 1784

### Other Actions Taken at Council Meetings

- Ceremonial Swearing in of Councilmember Yoshiko Grace Matsui
- Ceremonial Swearing in of Councilmember Jeremy Nutting
- Council Selection of Mayor, Traci Buxton
- Council Selection of Deputy Mayor, Harry Steinmetz



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in the *Seattle Metropolitan Magazine***



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# Who says you're too old to be a lifeguard?

## WE'RE HIRING

We have multiple positions open for individuals ages 15 and older.

Yes, we hire a lot of high school and college students, but we're looking for older adults, too.

- Retired early, but not ready to quit working entirely? Consider working part-time for us and not affect your Social Security benefits.
- One of the keys to a healthy future is maintaining your mobility. As a lifeguard, you'll get paid to stay active.
- Working with young people keeps you young, too. You can naturally become a mentor for the next generation.
- You get a whistle.



Check out our year-round job opportunities and **FREE\*\*** trainings/certifications at: [www.MtRainierPool.com/employment](http://www.MtRainierPool.com/employment)

\*\*Free training and assistance with swim skills available for those willing to commit to work at Mount Rainier Pool.

\*Additional bonuses for swim instruction, early morning and Friday night shifts

For more information, contact:

Jared Wold, Aquatics Coordinator  
206.824.4722 or  
[Jared.Wold@DesMoinesPool.org](mailto:Jared.Wold@DesMoinesPool.org)



[www.MtRainierPool.com](http://www.MtRainierPool.com) • 22722 19<sup>th</sup> Ave S • 206.824.4722



CITY OF  
**DES MOINES**  
 COMPREHENSIVE PLAN  
 UPDATE

Community members participate in the City's Comprehensive Plan outreach during National Night Out 2023



## Engineering Services

Our dedicated Engineering Services Team is making waves with their up and coming projects that will enhance our community's infrastructure.

Currently, the team is working on three major developments. The Marina Steps project, a testament to our commitment to recreational spaces, is set to provide a picturesque pathway to the waterfront, inviting residents and visitors alike to experience the scenic beauty of our marina. At the same time, the restoration of the Redondo Fishing Pier is underway, promising to preserve a beloved landmark while modernizing it for future generations to enjoy. Lastly, the Arterial Paving project, which will repair key sections of arterial roads around the City is expected to begin this summer. This aims to contribute to the ongoing efforts to maintain and enhance the accessibility of our roads.

For more information on the Marina Steps, visit our website at [desmoinesmarinasteps.com](https://desmoinesmarinasteps.com).

Public participation in the City of Des Moines Comprehensive Plan Update survey was a success. The community survey on the Comprehensive Plan Update garnered the most responses of any survey conducted by the City in recent years. Thank you to the Des Moines community for enthusiastic participation in this effort!

The survey was open from July 27, 2023 to December 4, 2023 with 482 responses recorded, more than doubling the survey responses from the last Comprehensive Plan update survey. Public outreach included promotion through social media and online at the City's website. In-person outreach was also conducted at the Farmers Market and National Night Out. Questions in the survey sought to identify community priority areas to address in the Comprehensive Plan update.

Results found that priority areas respondents would like to see more of include neighborhood commercial uses, community facilities, and general commercial uses. The City's focus on equity, outreach, and representation of community members in the update was echoed by the respondents. Survey results also identified the top five topics respondents felt were important for the city to address, in order of priority:

-  Preserving natural space
-  Public health and safety
-  Accomodating future growth
-  Affordability (housing, taxes, etc.)
-  Economic opportunity(including access to jobs)

Public outreach and participation in surveys provide invaluable input into the priority areas for community planning. The feedback from this survey will be utilized in the update of the City of Des Moines Comprehensive Plan.

Visit the project website at <https://imaginedesmoines2044.com> for complete survey results and up-to-date information on the Comprehensive Plan update process.



### Services

- Personal Care
- Companionship
- Meal Prep
- Transportation
- Hospice Support
- Memory Care
- Arthritis Care
- Diabetes Care
- Chronic Conditions Support

If you want to stay safe at home, Home Instead can help.



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# Housing Repair Assistance Program

The City of Des Moines is once again providing minor home repair services to City resident homeowners who have “extremely low” to “low” incomes based on U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes. Funding for this program is provided by a Community Development Block Grant through King County. Services provided include but are not limited to:

**Electrical** – faulty lights, switches, plugs, circuits or exhaust fans

**Plumbing** – faulty toilets, clogged drains, leaking faucets, faulty water heaters

**Disability Aids** – installation of grab bars, hand rails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces

**Safety** – installation of smoke alarms, security/safety lights, carbon monoxide alarms and locksets

**Other** – faulty furnaces, faulty gutters and roof leaks, broken window glass panes

## How do I qualify for these free services?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months, have proof of home owner’s insurance, and meet the HUD income guidelines for the program.
2. Complete the application process

## How do I apply?

To apply for this program please follow these directions:

1. Request an application by email at [thickey@desmoineswa.gov](mailto:thickey@desmoineswa.gov) or by calling (206) 870-6535
2. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.



JOIN US AS WE CELEBRATE 25 YEARS OF BUILDING COMMUNITY

**SAVE THE DATES**

## INTERNATIONAL SCULPTURE DAY

**SATURDAY • APRIL 27**

GEORGE C SCOTT STUDIO

*Details to come*



Celebrate International Sculpture Day with renowned artist and Des Moines resident George C Scott. The day kicks off with a walking tour of the city’s public art hosted by the Waterland Walkers.

## LEGACY’S ANNUAL BAYSIDE BALL

**SATURDAY • JUNE 8**

DES MOINES YACHT CLUB



Back by popular demand, Joey Jewell returns with his amazing *Sinatra at the Sands* tribute with Jim Kerl’s Swingin’ Sixties Orchestra. Proceeds benefit Legacy’s community-building efforts.



[www.DMLegacy.com](http://www.DMLegacy.com)

# GET READY

# KING COUNTY



1. Get alerts and know what to do.



2. Make a plan to protect your people.



3. Pack a Go Bag with things you need.



4. Build an Emergency Supply Kit.



5. Help friends and neighbors get ready.



6. Learn More with Additional Resources.



7. Prepare for Local Hazards.



## Emergency Planning made EASY!!

A **FILL IN THE BLANK** plan; just 7 easy steps !

The completed plan can be saved to your computer, e-mailed to family, shared with friends, and printed for easy reference.



## FREE EMERGENCY PLAN!

Scan the QR code for your fillable PDF. Save it, share it, print it.

Easy to update as needed!







## The 2024 Stormwater Management Plan now available for Public Comment

The Public Works Department is accepting public comments for the annual update of the City's Stormwater Management Plan. To request information or to provide comments, visit the Des Moines website, or contact:

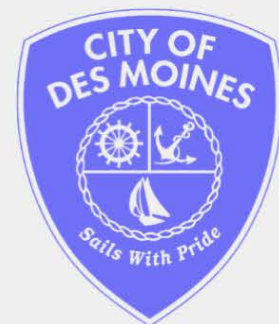
**Tyler Beekley, P.E.**

Surface Water & Environmental Engineering Manager

☎ 206-870-6869

📍 21650 11th Ave S Des Moines, WA 98198

✉ [tbeekley@desmoineswa.gov](mailto:tbeekley@desmoineswa.gov)



<https://www.desmoineswa.gov>

## Parks & Recreation Programs at a Glance

### For Kids

- Club KHAOS Afterschool Care
- KHAOS Break Camps
- Tot Time
- Youth Open Gym - Basketball
- Youth Soccer – Spring
- Free RAVE Foundation Soccer Clinic
- UK Soccer Spring Break Camp
- Melanie's Dance Unlimited



### For Adults & Teens

- Babysitter's Training
- Good Manners – Basic Dog Obedience
- Basic Self Defense Class
- Shaker Basket Weaving Class
- Indoor Pickleball Drop-In
- Adult Open Gym – Basketball
- Youth Sports Sponsorships
- Plot Rentals at Sonju Garden
- Hiring Soccer Referees

### Family Fun

- St. Patrick's Day Trivia Hunt
- Eggstravaganza

### Contact Us

- Phone: 206-870-6527
- Email: recreation@desmoineswa.gov
- Facebook: @desmoinesparksandrecreation
- Website: www.desmoineswa.gov/registration
- Field House Address:  
1000 S 220th St., Des Moines WA 98198
- Field House Office Hours:  
Mon–Thurs 8:30am–6:30pm

## What You Need To Know

### WHERE TO FIND US

#### Des Moines Field House:

1000 S 220th St  
Des Moines, WA 98198

#### Office Hours:

8:30am-6:30pm, M-Th  
Subject to Change

#### Contact:

(206) 870-6527  
desmoineswa.gov/registration  
recreation@desmoineswa.gov

### PHOTO POLICY



Photos of participants in any program or event may be used in future posts or publications or for promotion of City of Des Moines Parks, Recreation, and Senior Services activities.

### REGISTER EARLY!



Programs that do not meet registration minimums are subject to cancellation. Participants in programs cancelled for low enrollment will be fully refunded

### HOW TO REGISTER

Online, in person, or by phone.  
Debit/Credit Card or Check only.



**FOLLOW US ON FACEBOOK**  
@DesMoinesParksandRecreation



### REFUND POLICY

Refund policy differs depending on type of program, time of year, and program fee schedule. Please visit www.desmoineswa.gov and follow the links through the Parks & Recreation Department, Registration Information, and Refund Policy for more information.

## YOUTH ACTIVITIES

### Club KHAOS:

#### Kids Having An Outrageous School Year!

Our energetic and dedicated staff will ease you and your kids into an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, and spark their learning skills. Students will be bussed from Des Moines, Marvista, Midway, North Hill, and Parkside Elementary Schools to the Des Moines Field House, where they will be welcomed into the activities of the afternoon! Participants must be picked up at the Field House before 6 pm or late pickup fees will apply. Pre-Registration is required, 3-5 day options available, you choose the days. Registration opens for upcoming month on the 20th, closes each week Monday at 8 am.

#### LOCATION: FIELD HOUSE

- Monday-Friday throughout the school year
- Monday-Thursday 3:45-6 pm; Fridays 2:15-6 pm
- **No Program Days\*\*:**

March 8th (Conferences)

April 1st-5th (Spring Break)

May 27th (Memorial Day)

May 28th (Emergency Makeup Day)

- **Prices (Resident/Non Resident)**

One Time Registration Fee: \$30/\$35

Daily Rate; \$20/\$25

Late Registration Fee: \$25 OR \$1/min. until pick up\*

\*If an unregistered student arrives at the Field House via bus for Club KHAOS, parents/emergency contacts will be notified immediately by phone and subject to a \$25 late registration fee in addition to the price of registering for the week, OR \$1 per minute until that student is picked up from the Field House.

\*\*Program Dates & Times Subject to Change due to School District Schedules

DES MOINES PARKS & RECREATION

# TOUCH-A-TRUCK

**STEVEN J UNDERWOOD PARK**  
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FREE





**SATURDAY**  
**JUNE 15, 2024**  
**10AM-NOON**

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(206) 878-8400  
1800-992-2222





### Club KHAOS: Break Camps

This is your solution to not having time off when your child does! Break Camp at the Field House provides a warm, caring, and safe environment where friendships flourish and leadership skills blossom. We will facilitate enrichment activities including arts & crafts, games, homework help, and reading. Children stay active by participating in gym games and athletics, playing outside when weather permits. You send lunch, we provide nutritional snacks!

**GRADES K-5**  
**FIELD HOUSE**

DAY	TIME	DATES	DAILY COST
Fri	7am-6pm	March 8 (Conferences) <i>Register Feb 20</i>	\$43R, \$47NR
Mon-Fri	7am-6pm	April 1-5 (Spring Break) <i>Register Mar 5</i> <i>3 Day Minimum Required</i>	\$43R, \$47NR

### Indoor Tot Time

Keep your little ones active with exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available in the gym. Join in the fun and watch them make new friends along the way. We follow the Highline School District calendar, if the kids are out of school on a Tuesday or Thursday, tot time is closed.

- **No Program Days:**
  - April 2nd & 4th (*Highline Spring Break*)
  - May 21st & 23rd (*FH Staff Training*)
- **Last Day:** June 13th

**AGES: 1-5**  
**FIELD HOUSE GYM**

DAY	TIME	COST
Tues & Thurs	10am-12pm	\$3 drop in, \$25 for 10-visit punch

**Summer 2024**  
**CAMP KHAOS**  
**REGISTRATION OPENS APRIL 9TH**

**Dates:** June 24 - August 30

**Ages:** 5-12

**Registration Process and More Information available at [www.desmoineswa.gov/daysmart](http://www.desmoineswa.gov/daysmart)**

## YOUTH ACTIVITIES

### Youth Open Gym - Basketball

Keep your basketball skills sharp by putting in some extra hours on the court with your parent, or setting up a pickup game with your friends. \*\*This time is designated for open gym use by individuals and their parents/guardians, not as extra practice time for teams or groups\*\*

**AGES: 5-17 W/ ADULT GUARDIAN**

**FIELD HOUSE GYM**

DAY	TIME	COST
Mon	4:30-6pm	\$3 drop in, \$25 for 10-visit punch

### RAVE Foundation Soccer Clinic

Join RAVE Foundation and Seattle Sounders FC for free soccer training camps and clinics provided by community coaches. RAVE provides programs that use soccer to foster wellness and inspire joy. Register early to secure your spot! Please wear flat bottomed, closed toe shoes (no cleats) and bring a water bottle.

**AGES 5-12**

**MIDWAY PARK MINI-PITCH**

DATE	TIME	COST
May 2	4:30-6pm	FREE (online registration still required)



### Youth Soccer - Spring

One week left to register! Run drills, build skills, and learn how to be a team player in our Youth Recreation Leagues! Volunteer Coaches lead teams in instructional practices and games to hone your young soccer player's skills. Practice and game schedules will depend on field and coach availability; practices will generally be one hour per week on a weekday evening between 4 and 7pm, and games will be Saturdays for one hour between 9am and 4pm. If you have a specific scheduling conflict, please submit a note with your registration and we will do our best to match you with a team that fits your schedule!

*Registration Open from:  
December 1st-March 1st*

*First Week of Practice: April 1st*

*First Games: April 13th*

*Last Games: June 8th\**

*\$85R / \$95 NR*

*\*could vary based on cancelled or rescheduled games throughout the season*

**2024  
DES MOINES  
WATERFRONT  
FARMERS MARKET**

*Scurry on down to the Marina*

**SATURDAYS • 10<sup>am</sup> - 2<sup>pm</sup>  
JUNE 1 - SEPT 28**



# VOLUNTEER COACHES NEEDED

Can you make a difference in the life of a young athlete? The answer is YES!



Join us in making our Youth Sports Leagues a meaningful experience for all. If you are interested in coaching, contact us for more info!

## YOU HAVE WHAT IT TAKES

- 2-4 hours per week during the season
- All supplies, schedules, facilities, and practice curriculum are provided
- There is one mandatory informational Coaches Meeting per season
- Practice schedules are flexible, we work with you and your team to find a time that is good for everyone
- We focus on player growth as a whole, on and off the field or court!

Call the Field House for more information: 206-870-6527



# NOW HIRING: YOUTH SOCCER REFEREES

- No referee experience needed
- Saturday mornings & afternoons
- Youth recreational league

TO APPLY VISIT:  
[WWW.DESMOINESWA.GOV](http://WWW.DESMOINESWA.GOV)




SALTWATER ANIMAL HOSPITAL


## Veterinary Services for Dogs, Cats & Exotics

At our new state-of-the-art full service animal hospital, we provide expert veterinary care to keep your furry friends happy & healthy.

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DENTAL CLEANING (MAX SAVINGS \$200)

JANUARY & FEBRUARY 2024

22014 7th Ave S Suite 100, Des Moines, WA 98198

CALL US TODAY: (206) 580 4640

## ADULT AND TEEN ENRICHMENT

### UK Soccer Spring Break Camp

Get ready for a Soccer Camp experience like none other! UK Soccer curriculums are focused on providing every player, under the guidance of their hugely experienced and qualified soccer coaches, with The Best Possible Soccer Experience. The unique combination of nation-wide tested curriculums and coaches from a variety of backgrounds ensures that every child's time on camp is a memorable one. Register today at [www.uksoccer.com](http://www.uksoccer.com).

#### FIELD HOUSE SOCCER FIELDS

DAY	TIME	AGES	DATES	COST
Mon-Fri	9am-12pm	4-14	April 1-5	\$165
Mon-Fri	12:30-3pm	7-14	April 1-5	\$145
Mon-Fri	9am-3pm	7-14	April 1-5	\$220



### Melanie's Dance Unlimited

Join us to learn the art of dance in a positive, structured, and inspiring environment. Our teachers have a rare combination of professional performing careers and college educations in dance that bring our classes to life! Classes take place at the Field House Gym, Melanie's Dance Unlimited's highly qualified instructors vary based on class subject and availability. For pricing, program information and online registration, visit [www.melaniesdancers.com](http://www.melaniesdancers.com)

### Babysitter's Training

Come learn the important skills it takes to be a babysitter and care for younger kids. You will learn basic injury prevention and first aid skills, the stages of child development, the business of babysitting, and fun games & activities to keep kids entertained.

TEENS, GRADES 6-10

#### FIELD HOUSE CLASSROOM

DAY	TIME	DATES	COST
Tues	9am-3:30pm	May 28	\$56R, \$68NR



### Good Manners - Basic Dog Obedience

Learn how to be a "Kind, Calm, Confident Pack Leader" and enjoy life with your puppy or dog by learning basic obedience and good manners. We focus on having a positive, fun relationship with your furry family member, training them how to sit, stay, walk nicely on leash, and come when called, among other commands. We also discuss good manners to help with barking, chewing, jumping up, etc. Please join us, we are happy to help you and your doggo! Jan Magnuson - owner of Sunstar Dog Training and retired DMPD Animal Care and Control Officer.

#### FIELD HOUSE GYM

DAY	TIME	DATES	COST
Wed	6-7pm	Spring A: March 6, 13, 20, 27, April 3, 10	\$120R, \$129NR
Wed	6-7pm	Spring B: April 17, 24, May 1, 8, 15, 22	\$120R, \$129NR
Wed	6-7pm	Summer A: May 29, June 5, 12, 26, July 10, 17	\$120R, \$129NR

We also offer Individual Training opportunities, a 90-minute class with Jan specifically tailored to your family and your pet's needs. More information and how to schedule those available at [www.sunstardogtraining.com](http://www.sunstardogtraining.com).

### Basic Self Defense Class for Women

R.A.D. is a women-only course, which begins with risk reduction and avoidance, followed by the basics of hands-on defense training. R.A.D. is not a martial arts program. The techniques are suitable for women of all ages and abilities. The program consists of nine hours of instruction broken into multiple days with some time built in to practice your skills.

**AGES 16+ (MATURE TOPICS WILL BE DISCUSSED; ALL PARTICIPANTS UNDER THE AGE OF 18 MUST BE ACCOMPANIED BY AN ADULT PARTICIPANT)**

#### FIELD HOUSE

DAY	TIME	DATES	COST
Tues & Thurs	6:30-8pm	April 9, 11, 16, 18	\$10



# SHREDDING EVENT

Wednesday,  
April 24, 2024  
10am - 2 pm  
Activity Center  
2045 S 216th St.  
Des Moines 98198  
(206) 878-1642

## Accepted Items:

- ✓ Paper, such as receipts, bills, bank statements, cancelled checks (staples OK)
- ✓ File Folders
- ✓ Envelopes



## Not Accepted:

- ✗ Cardboard
- ✗ Newspaper
- ✗ Boxes
- ✗ X-Rays
- ✗ Plastic



Event Hosted by the Des Moines  
Senior Advisory Committee



- Open to all residents
- Maximum amount per person is  
10 file-sized boxes of paper

## ADULT AND TEEN ENRICHMENT

### Shaker Basket Weaving

Calling all basket weavers (no experience needed!) Join us for a fun session and learn to weave a Shaker Basket made with flat reed and sea grass. These baskets are great for displaying dried flowers or holding other lightweight items. This class is fun, easy and open to all levels of basket weaving experience.



**AGES 16+**

**ACTIVITY CENTER: 2045 S 216TH ST., DES MOINES, WA 98198**

DAY	DATES	TIME	COST
Sat	March 9	11am-3pm	\$50R, \$55NR



### Indoor Drop-In Pickleball

A close to home option to keep up your pickleball skills throughout the winter. Games are played to 11 and then everyone rotates off of the court in this open play setting. The wood basketball floor is used as the court surface with temporary line markers to designate the two courts. Stay tuned for beginner clinics!

**AGES 16+**

**FIELD HOUSE GYM**

DAY	TIME	COST
Mon & Wed	12-2pm	\$3 drop in, \$25 for 10-visit punch

### Adult Open Gym – Basketball

Adult open gym basketball is a time to play pick-up basketball with other members of the community. Drop-ins welcome.

**AGES 18+**

**FIELD HOUSE GYM**

DAY	TIME	COST
Mon	6:30-8pm	\$3 drop in, \$25 for 10-visit punch

**Coming Soon:**

**Hiring Camp KHAOS Counselors!**



**SEEKING RESPONSIBLE & ENTHUSIASTIC STAFF WHO ENJOY WORKING WITH KIDS**

Day Camp Recreation Leaders help plan, implement and lead daily recreational activities and field trips for campers ages 5-12 attending our full day camps. These are summer positions, generally lasting from late May through early September, with occasional opportunities for school year work as well.



**Hourly**

JR. LEADERS STARTING AT \$16.28  
LEADERS STARTING AT \$16.73  
DIRECTORS STARTING AT \$18.27

**Application and full job description will be posted in Mid March at:**

[www.desmoineswa.gov](http://www.desmoineswa.gov)

GET INVOLVED AT THE

**Daisy Sonju Community Garden & Orchard**

PEA PATCH RENTALS, FRUIT HARVESTING, COMMUNITY FOOD BANK PLOT TENDING, & MANY MORE WAYS TO VOLUNTEER

Peek at what we're up to now:  
[facebook.com/sonjuforum](https://facebook.com/sonjuforum)



## SPECIAL EVENTS

### St. Patrick's Day Trivia Hunt

Download your map today from our Facebook Page, you have one month to visit all of the listed parks and answer our themed trivia questions! Prizes will be awarded based on number of correct answers and each player is encouraged to fill out their own answer sheet. The more parks you visit, the more entries you will get in the drawing for grand prizes! Everyone who submits an answer sheet wins an item from the prize box!

- Questions Posted in Parks: February 17th
- Answers Due: March 15th at NOON
- Winners Announced via Facebook: March 17th
- Prizes Available for Pickup: March 18th

### Eggstravaganza

Come out to the Beach Park Meadow for a leisurely and fun-filled egg hunt! There will be crafts, contests, prizes, and photo opportunities with the Bunny. Photos will be taken at this event and posted to the Parks & Recreation Facebook Page. Rain or shine, there will be plenty of eggs to find! Pre-registration and payment are required online, cost is \$5 per child which includes the egg hunt, prizes, photo ops, and refreshments for the whole family.

BEACH PARK MEADOW: 22030 CLIFF AVE S, DES MOINES, WA 98198

DAY	DATE	TIME	COST
Sat	March 30	9-11am	\$5/child, \$10 day of event

## YOUTH SPORTS SPONSORSHIP

Your Business can sponsor a youth sports team for the children of Des Moines.

**Sponsorships Include:**

- Logo on team jerseys
- Promotion on DMPRSS socials
- Team Sponsorship Plaque




SCAN THE QR CODE OR CONTACT US FOR MORE INFORMATION:

206-870-6527

recreation@desmoineswa.gov





## STAY CONNECTED. STAY ENGAGED. STAY VISIBLE.

**Get in front of your customers as they look to help your company stay healthy.**

### Des Moines residents want to buy local.

Des Moines residents are your customers, and they are eager to help local companies weather the current economic situation.

### Make sure they know where to find you.

Print advertising keeps you in front of your customers as the economy opens and they look to source services and products that they've been waiting months for!

**Contact Katie Higgins today to learn more about how *City Currents Magazine* can put you in front of the customers you need to reach.**

Email: [Katie@ColibriNW.com](mailto:Katie@ColibriNW.com) Mobile: 206-914-4248



### COLIBRI Northwest

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# Programs, Activities and Services at The Des Moines Activity Center



**Des Moines Activity Center**  
**2045 S 216th Street**  
**Des Moines, WA 98198**

Main: (206) 878-1642

**DMAC Office Hours**

Monday–Thursday: 9am–3pm  
 By Phone on Fridays

**Closures**

- Monday, May 27, 2024 – Memorial Day
- Wednesday, June 19, 2024 – Juneteenth
- Thursday, July 4, 2024 – Independence Day

During periods of inclement weather, we reserve the right to cancel trips and activities. For more information, to schedule an appointment or to register for a trip or class please call the Des Moines Activity Center (206) 878-1642. You may also email us at seniors@desmoineswa.gov.



Additional information can be found on our Facebook page, Facebook.com/DesMoinesActivityCenter and City of Des Moines webpage at [www.desmoineswa.gov/senior](http://www.desmoineswa.gov/senior)

**Refund/Cancellation Policies**

Cancellations for any fee must be made at least three (3) business days prior to the start of the trip or class for full refund. Program fees will be nonrefundable to registrants if canceled less than three (3) days prior to the start of the trip or class. During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operation alongside school closures and delays.

*\*\*All sales final, no refunds on advance ticket purchases.*

**What's Happening!**  
**Senior Community Events**

*At press time the Senior Activity Center is still closed for repairs sustained when a water pipe burst in the ceiling during the cold weather snap back in early January. Some classes and program locations have been changed and most trips are continuing.*

*Please contact the Activity Center, and/or check our Facebook and website for programs, activities and lunch status.*

**Birthdays, anniversaries or milestone with the Des Moines Activity Center!**

Join us as we celebrate your special day with cake!

- Every 1st Thursday of the month
- Time: 12 pm



**Ramadan Dinners**

- Monday, March 11, 5 pm
- Tuesday, April 9, 5 pm

Join us for a beautiful meal among community in reverence of Ramadan. All are welcome! Limited seating. Call our Center to reserve your seat. \*Please note these are dinners and are at no charge to you.

**St. Patrick's Day**

- Thursday, March 14

**Community Shredding Event at the Des Moines Activity Center**

- Wednesday, April 24, 10 am – 2 pm

Open to all residents. Maximum amount per person is 10 file-sized boxes of paper. See event flyer or call our office for further information.

**Weekly Wednesday Walks!**

- Every Wednesday beginning May 1, 10 am

Bring your walking shoes and join us as we walk at your leisure the paved quarter-mile loop behind our Center. Weather permitting. Please dress for the elements.

**Mother's Day**

- Thursday, May 9

**Popcorn, Pop and a Movie!**

- Tuesday, May 21, 1 pm

Let's get together for popcorn, pop and a movie! Movie: TBD



## Ongoing Activities

Ongoing activities are at no cost. Donations are accepted.

During periods of inclement weather, we reserve the right to cancel classes and activities. Please listen for the Highline School District report as we operation alongside school closures and delays.

### Hand and Foot

- Mondays
- 12 pm – 2 pm



### Adult Coloring & Painting Club

Get artistic! Color and work on your art at your leisure and get creative while visiting with friends. Some coloring books, pages and supplies offered for use.

- Tuesdays
- 10 am – 11 am

### Kat's Crafting Corner

We'll have a variety of crafting supplies to help you get started from beads, fabrics, stickers and more! Show us your creative side! In loving memory of Kat Kennedy.

- Tuesdays beginning in Jan. 2024
- 10 am – 11 am

### American Mahjong

- Wednesdays
- 12 pm – 2 pm

### MEDICAL LENDING CLOSET

Need a walker, cane, wheelchair or commode? Call DMAC to find out what we have in stock.

OPEN DURING DMAC OPERATING HOURS

## Out to Lunch

Registration begins Tuesday, February 27 at 10am. Ages 50+. Enjoy a no-host lunch at new and old favorite eateries around the Sound. All lunch/dinner outings are considered as walk-ins. May be subject to automatic gratuity charge. \$15 transportation fee.

During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operation alongside school closures and delays. Estimate of entrée and/or appetizer, exclusive of drinks and tips. Please review the restaurant menu.

\$ = \$25 and under \$\$ = \$25 to \$40 \$\$\$ = \$40 to \$55 \$\$\$\$ = \$55 and over

### Chace's Pancake Corral – Bellevue \$

- Friday, March 15, 10 am – 2 pm
- Menu: [www.pancakecorral.com/menus](http://www.pancakecorral.com/menus)

### The Bair Bistro – Steilacoom \$ - \$\$

- Friday, April 5, 10 am – 2 pm
- Menu: [www.thebairbistro.com/menu](http://www.thebairbistro.com/menu)

### Cook's Tavern \$ - \$\$\$

- Tuesday, April 30, 10 am – 2 pm
- Menu: [www.cookstavern.com/menu](http://www.cookstavern.com/menu)



## ARE YOU READY FOR ANOTHER RECORD-SETTING HEATWAVE THIS SUMMER?

Glendale Heating and Air Conditioning can install a new A/C unit or heat pump to help you **BEAT THE HEAT.**

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## Day Trips

*\*\*All sales final, no refunds on advance ticket purchases.*

**Registration begins Tuesday, February 27 at 10 am. Explore the Northwest and leave the driving to us!**

**Age 50+ and travel days vary.** During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operation alongside school closures and delays.

### Seattle Art Museum, Seattle

The Seattle Art Museum hosts global art collections, temporary installations, and exhibitions from around the world bridging cultures and centuries.

- *Date: Friday, March 1*
- *Time: 9 am – 4 pm*
- *Cost: \$30*
- *\*Activity Level: EASY, walking involved.*



### Watson's Greenhouse and Nursery, Puyallup

Back by popular demand! Get ahead of your spring planting and gardening as we visit Watson's Greenhouse and Nursery. Comprised of over 50,000 sq. ft. of retail and greenhouse space enter the majestic beautiful steel greenhouses and do some shopping- if you like. No-host lunch at Alfred's Café in Tacoma following tour.

- *Date: Tuesday, March 26*
- *Time: 9:30 am – 2 pm*
- *Cost: \$20*
- *\*Activity Level: EASY, walking involved.*



### \*\*Woodinville Whiskey Distillery, Woodinville

Awarded "Craft Whiskey of the Year" and "Craft Rye Whiskey of the Year" two years in a row by the American Distilling Institute, we'll tour, taste and learn about the distilling process. No-host brunch at Woodinville Café before the tour.

- *Date: Friday, March 8*
- *Time: 9:45 am - 4 pm*
- *Cost: \$40*
- *\*Activity Level: MODERATE, standing, walking, up/down stairs involved. Not suitable for wheelchairs or walkers.*

### Shopping in Downtown Sumner

Stroll Sumner's Main Street and shop the wide variety of retail stores: home décor, antiques, and clothing. Pack a brown bag lunch or lunch on your own.

- *Date: Tuesday, March 12*
- *Time: 10:30 am – 3 pm*
- *Cost: \$20*
- *\*Activity Level: EASY, walking and standing involved.*



### \*\*Tulip Festival at Roozengaarde

Celebrate Tulip Festival at Roozengaarde! See beautiful outdoor garden and indoor displays, tour the fields and browse the flower stand. Please bring a brown bag lunch or purchase food on location.

- *Date: Monday, April 22*
- *Time: 8:30 pm – 5 pm*
- *Cost: \$45*
- *\*Activity Level: MODERATE, standing, walking, and stairs may be involved. ADA limited for wheelchairs or walkers.*

### SilverSounds Northwest presents The Rhythm of Life at the Highline Performing Arts Center, Burien

SilverSounds joins the excitement of the NWAA Ruby Jubilee season with its presentation of The Rhythm of Life. This fun loving group will tell its story of life's nostalgic moments; including young love, marriage, raising children, work, dreaming, and fun in the sun. You will hear the story told with favorites of The Beatles, The Beach Boys, Paul Simon, and Bob Seger – just to name a few.

- *Date: Sunday, April 14*
- *Time: 2 pm – 5 pm*
- *Cost: \$30*
- *\*Activity Level: EASY*

### Black Diamond Historical Museum, Seattle

Learn about the rich mining history and depot of Black Diamond. Following the museum tour, dine for a no-host lunch at local favorite Black Diamond Bakery.

- *Date: Tuesday, May 7*
- *Time: 9 am – 3 pm*
- *Cost: \$20*
- *\*Activity Level: EASY, walking involved.*





## Lunch at the Des Moines Activity Center

### Hot lunch Ages 60+

Bring a friend and make a new one as we enjoy a nutritious meal in our dining room. Suggested donation per meal; \$4.50. Please see our Facebook page or webpage [www.desmoineswa.gov/senior](http://www.desmoineswa.gov/senior) for our current menu. Dining room opens at 9 am.

- Monday – Thursday
- Time: 12 pm – 1 pm, lunch served 12 pm – 12:30 pm

## Stress Free Technology

### Tech Help with King County Library System

Have a tech issue? Bring your portable device over to the Des Moines Senior Center where you'll be connected with our tech-savvy librarian, Beatriz. Kind reminder, we cannot fix computer hardware problems or download software for you, but we are able to show you how to compose an email, download eBooks, use your iPhone or tablet, create Google Docs, and similar techie tasks. Appointment required. Call the Des Moines Activity Center to schedule your 15-minute appointment.

*2nd Wednesday of the month  
12 pm – 1 pm*



### **Serve on our Senior Services Advisory Committee!**

A community's greatest resource is its citizens. Through Citizen Advisory Boards, the City Council can gain valuable information and insights - and make better decisions. By serving on an advisory board, you can contribute to your community in a meaningful way. Complete the online application at <https://desmoineswa.applicantpro.com/jobs/>. Resume and cover letter are not required but encouraged.

# Get their feet wet



As parents begin signing up their children for next fall's kindergarten sessions, now is the perfect time to also enroll the kids in swim lessons.

Research validates that children who learn to swim at an early age actually develop mentally and physically at a measurably better level, even performing better in school.

Plus, they gain access to greater recreation opportunities and lifelong low-impact physical activity with its associated health benefits.



Contact us today

206-824-4722

[www.MtRainierPool.com](http://www.MtRainierPool.com)

22722 19<sup>th</sup> Ave S • Des Moines, WA

## Health & Social Services All services are at no cost unless stated.

### Senior Community Health Screening for Ages 55+

In partnership with POCAAN, free wellness exam. Blood pressure, cholesterol, glucose and nutritional assessment are just some of the services offered. No appointment necessary.

- 2nd Mondays
- Time: 10 am – 1:30 pm

### Social Worker, Referral Services

No charge, in-person, telehealth and phone appointments. Please call DMAC to schedule your appointment.

- Mondays
- 9:30 am – 10:30 am in-person appointments, by phone or email
- 10:30 am – 1 pm



### Foot Care

Please call DMAC to schedule your appointment.

- 1st & 3rd Wednesdays
- Time: 9 am – 1 pm
- Cost: \$35 for a 30-minute appt.

### Caregiver & Grief Support Group

Des Moines Activity Center hosts a twice-monthly caregiver and grief support group led by Cynthia Zink, Grief Recovery Method Specialist.

As a supportive, informal group, share with others who are experiencing the same joys and challenges, and who can empathize and offer valuable insights, suggestions and resources. No registration necessary.

- Every 2nd and 4th Tuesday of the month
- Time: 11 am – 12 pm

### Statewide Health Insurance Benefits Advisors (SHIBA) Services

Have questions or need assistance with Medicare? Please call DMAC to schedule your appointment with Ron Lome, SHIBA volunteer.

- 3rd Mondays
- Time: 10 am – 12:30 pm



### Des Moines Elder Law

Get legal guidance and information in the following: Wills, power of attorney, living will, living trust, estate planning, community property agreements, and/or probate. Please call DMAC to schedule your appointment.

- 3rd Thursdays
- Time: 10 am – 11:30 am

### Meals on Wheels

If you need additional food support, Meals on Wheels provides nutritious meal delivery at no cost for people ages 60-plus who qualify. The Senior Center operates this program in coordination with Sound Generations. To sign up or to volunteer, visit [soundgenerations.org](http://soundgenerations.org)

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---

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**DES MOINES  
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- Crisis Negotiators
- Peer Support Team Members
- Traffic Officer
- Special Operations Unit
- Criminal Investigations Unit
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Starting Pay - \$95,696

Entry Level Officer  
After Academy & FTO - \$95,696

SCAN TO APPLY

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.....  
**Health and Fitness**

**Registration begins Tuesday, February 27 at 10 am.** During periods of inclement weather, we reserve the right to cancel trips. Please listen for the Highline School District report as we operation alongside school closures and delays.

**EnhanceFitness**

EnhanceFitness focuses on dynamic cardiovascular exercise, strength training, balance, and flexibility. Wear your sneakers, bring a towel and bottled water. Enhance Fitness class is free to Kaiser Permanente Medicare Advantage members. Check eligibility with your insurance company.

- Mondays , 9:30 am - 10:30 am
- March 11 - April 1
- April 8 - April 29
- May 6 - June 3
- Cost: \$25/4-week series, \$7/drop in fee

**Tai Chi**

Join instructor John Lindsay in this class that blends exercises for health benefits, longevity and fun. This class is broken down into Introductory Levels and Continuation Levels. The class familiarizes students with the basic movements of Tai Chi and explores the 24-pattern sequence. The emphasis is on the no-impact, relaxed flowing movements, which aid in balance, increased strength and vitality. Wear comfortable, loose clothing.

- Tuesdays & Thursdays , 1 pm - 2 pm
- February 13 - March 7
- March 12 - April 4
- April 9 - May 2
- May 7 - May 30
- Cost: \$60, 4 weeks, 8 classes

**Zumba**

Get moving and have fun with Zumba, a Latin-inspired dance aerobic workout! Perfect for all levels and abilities. Workouts can be modified.

- Thursdays, 10:30 am - 11:15 am
- February 29 - March 21
- March 28 - April 18
- April 25 - May 16
- Cost: \$50/4-week series

# Zenith Holland Nursery & Gifts

Open Daily 9am-7pm

**Cool Season Veggies & Blooming Plants**

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## Volunteer Opportunities

The Activity Center could not operate at the level it does without volunteers. We have many opportunities for you to get involved within your community. Lunch provided. For more information, contact (206) 878-1642.

- Kitchen Volunteers
- Dining room set up
- Lunch Hostess
- Special Events Team
- And many more!



## Blueprint for Living

Registration begins Tuesday, February 27 at 10 am. All classes are at no-cost unless stated.



## Caregiver & Grief Support Group

Des Moines Activity Center hosts a twice-monthly caregiver and grief support group led by Cynthia Zink, Grief Recovery Method Specialist. As a supportive, informal group, share with others who are experiencing the same joys and challenges, and who can empathize and offer valuable insights, suggestions and resources. No registration necessary.

- Every 2nd and 4th Tuesday of the month
- Time: 11 am - 12 pm



## Be Informed & Stay Safe with



### What is ALERT KING COUNTY?

- ALERT KING COUNTY is our regional emergency alert system.
- Register to receive timely messages about:
  - Emergency situations
  - Threats to public health and safety
  - Significant impacts to utilities, transportation, and other major infrastructure



### Why sign up for ALERT KING COUNTY?

- Get important safety messages fast and efficiently on your cell phone.
- Get messages targeted to your location by entering your home address, work address, and other places you spend time.
- Access important information during emergencies to help you make timely, smart decisions.

### Sign up for ALERT KING COUNTY

- Go to our website: [www.kingcounty.gov/alert](http://www.kingcounty.gov/alert)
- Click subscribe and fill out the simple required information.

**It's just that easy.**

If you ever need to make a change to your contact information or geographic area, the same website can be used to edit your information.

## Sign up for emergency alerts, today!





## Monthly Book Club

In collaboration with King County Library Services, join us as we dive into a new read each month. New members always welcome. Please register.

- March 13 – *A Fever in the Heartland* by Timothy Egan
- April 10 – *The Maid*, a Novel by Nita Prose
- May 8 – *The Guncle* by Steven Rowley
- 2nd Wednesday
- Time: 1 pm - 2 pm



# ADOPT A STORM DRAIN



Volunteer fifteen minutes, twice a month, for cleaner waterways and healthier communities. Storm drains flow directly to our creeks and the Puget Sound, acting as a conduit for trash and organic pollutants. Adopt-a-Drain asks residents to adopt a storm drain in their neighborhood and keep it clear of leaves, trash, and other debris to reduce water pollution and help prevent localized flooding.

## How to Participate:

1. Visit [wa.adopt-a-drain.org](http://wa.adopt-a-drain.org).
2. Use your address to find unadopted drains in your neighborhood.
3. Create an account and claim your drain.
4. Receive tools and supplies from the City of Des Moines.

For more information, contact Michael Posey at [mposey@desmoineswa.gov](mailto:mposey@desmoineswa.gov)



Des Moines **WA**  
The Waterland City



# YOUR RETIREMENT SUCCESS NEEDS A PLAN. DO YOU HAVE ONE?

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- **If you have questions or need help with MEDICARE options**

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